



Rainbow Salad-All Raw

Ingredients:

Yields 4-6 servings

4 Beets
2-3 Carrots (depending on size)
1 Daikon (white radish)
1 Jicama (not too big)
¼ cup fresh lemon juice
½ bunch flat parsley
½ teas. Salt

Procedure:

Use grater attachment on Food Processor and grate all veggies. Toss with lemon, salt and parsley. Adjust lemon to taste.

Note: recipe will keep for three days, but keep half undressed for day 2 so it won't turn color.